

CURRICULUM VITAE

Lauren R. Natbony, MD
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EDUCATION

International Structural Acupuncture Course for Physicians Harvard Medical School Boston, Massachusetts	09/2016 - 05/2017
Headache Medicine Fellowship Department of Neurology, Icahn School of Medicine at Mount Sinai New York, New York	07/2015 - 06/2016
Neurology Residency University of Pittsburgh Medical Center Pittsburgh, Pennsylvania	07/2012 - 06/2015
Internal Medicine Internship University of Pittsburgh Medical Center Pittsburgh, Pennsylvania	07/2011 - 06/2012
Doctor of Medicine University of Miami Leonard M. Miller School of Medicine Miami, Florida	08/2007 - 05/2011
Pre-Medical Program Certificate Scripps College Claremont, California	06/2005 - 05/2007
Bachelors of Arts, English Literature Stanford University Palo Alto, California	09/2001 - 03/2005

APPOINTMENTS/EMPLOYMENT

Assistant Professor, Department of Neurology, Headache Medicine Icahn School of Medicine at Mount Sinai New York, New York	01/2017 - Present
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ADMINISTRATIVE LEADERSHIP APPOINTMENTS

Director, Headache Medicine Fellowship
Icahn School of Medicine at Mount Sinai
New York, New York 6/2019 - Present

CERTIFICATION

Board Certified, Headache Medicine 10/2016
United Council of Neurologic Subspecialties

Board Certified, Neurology 09/2015
American Board of Psychiatry and Neurology

LICENSURE

New Jersey State Medical License, Active 01/2021 - Present
New York State Medical Acupuncture License, Active 06/2017 - Present
New York State Medical License, Active 02/2015 - Present

HONORS/AWARDS

American Headache Society Emerging Leaders Program
- Selected as an Emerging Leader, 2020

Castle Connolly Top Doctors, 2021
New York Super Doctors, Rising Star 2020
New York Super Doctors, Rising Star 2019
New York Super Doctors, Rising Star 2018

PROFESSIONAL SOCIETY MEMBERSHIP

International Headache Society, Member 09/2016 - Present
The Headache Cooperative of New England, Member 09/2015 - Present
American Headache Society, Member 09/2015 - Present
American Academy of Neurology, Member 07/2012 - Present

OTHER PROFESSIONAL ROLES

Headache Journal, Peer Reviewer

American Headache Society

- Emerging Leader 2020
- Complementary and Integrative Medicine Committee Member
- Elected Member of the Electronic Media Committee

RESEARCH PROFILE

Current:

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| G.R.E.A.T: Good Review Expectations and Technique | 11/2020 - Present |
| - Phenomenological quality study using semi-structured interviews to explore what constitutes an exceptional journal review | |
| Complementary and Integrative Medicine (CIM) Use for Migraine during the COVID-19 Pandemic: A Social Media Survey of People Living with Migraine | 09/2020 - Present |

Past:

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| Video-game Based Dance Exercise Program for the Treatment of Parkinson's disease | 01/2012 - 05/2013 |
| Detecting Anxiety and Depression using the Vanderbilt Diagnostic Criteria for ADHD | 02/2010 - 05/2011 |
| Correlation between Insulin Resistance and Depressive Disorders | 12/2005 - 03/2005 |
| Salivary Gland Side Effects after Radioactive Iodine Ablation for Thyroid cancer | 06/2004 - 08/2004 |
| Nicotinamide in Prevention of Ethanol-induced Neurodegeneration | 06/2003 - 08/2003 |

PUBLICATIONS

Peer Reviewed Original Contributions

Natbony LR, Zhang N. Acupuncture for Migraine: a Review of the Data and Clinical Insights. *Curr Pain Headache Rep.* 2020;24(7):32.

Klenofsky B, Pace A, **Natbony LR**, Sheikh HU. "Episodic Migraine Comorbidities: Avoiding Pitfalls and Taking Therapeutic Opportunities." *Curr Pain Headache Rep.* 2019 Jan 12;23(1):1.

Vallejo MC, Sturgill E, **Natbony L**, Golfeiz C. "Postpartum Peroneal Nerve Injury following Caesarean Delivery." *British Journal of Anaesthesia.* 5 June 2013. Epub [http://bjaoxfordjournals.org/forum/topic/brjana_el%3B10226]

Natbony LR, Zimmer A, Ivanco LS, Studenski SA, Jain S. "Perceptions of a Videogame-Based Dance Exercise Program Among Individuals with Parkinson's Disease." *Games for Health Journal.* 2013; Volume 2, Number 3.

Grewal RK, Larson SM, Pentlow CE, Pentlow KS, Gonen M, Qualey R, **Natbony L**, Tuttle RM. "Salivary gland side effects commonly develop several weeks after initial radioactive iodine ablation." *J Nucl Med.* 2009; 50(10): 1605-1610.

Books and Book Chapters

Natbony, Lauren R. and Green, Mark W. (Eds). *Integrative Headache Medicine: An Evidence-Based Guide for Clinicians.* Springer Press 2021.

Lauren R. Natbony. "What is Integrative Headache Medicine?" *Integrative Headache Medicine: An Evidence-Based Guide for Clinicians.* Natbony, Lauren R. and Green, Mark W. (Eds). Springer Press 2021.

Joseph A. Diamond and **Lauren R. Natbony.** "Headache and Sleep." *Integrative Headache Medicine: An Evidence-Based Guide for Clinicians.* Natbony, Lauren R. and Green, Mark W. (Eds). Springer Press 2021.

Lauren R. Natbony. "Headache in Pregnancy and Lactation." *Headaches in Women.* Green MW ed. Cambridge Press 2019.

Lauren R Natbony, Huma U Skeikh, Mark W Green. "New Daily Persistent Headache." *Chronic Headache: A Comprehensive Guide to Evaluation and Management.* Green, Cowan, Frietag ed. Springer Press 2019.

INVITED LECTURES/PRESENTATIONS

"Acupuncture in Headache Medicine" Headache Conference, Stanford University, Palo Alto, California	04/2021
"Medication Overuse Headache" Pain Grand Rounds, Mount Sinai Hospital, New York, New York	03/2021
"Acupressure Demonstration" American Headache Society 2020 Virtual Scientific Meeting	06/2020
"Migraines in Adolescents: It's Not all In Your Head" YWCA, Greenwich, Connecticut	05/2018
"New Daily Persistent Headache" Neurology Grand Rounds, Lenox Hill Hospital, New York, New York	05/2018
"Headache: What Every Medical Doctor Should Know" Internal Medicine Lecture Series, Mount Sinai Hospital, New York, New York	03/2018
"Spotlight on: Interventional Headache Management" American Migraine Foundation Webinar	08/2017
"Oral Dopamine Antagonists in the Treatment of Headache" Headache Cooperative of New England Annual Meeting, Stowe, Vermont	04/2016
"Medication Overuse Headache" Neurology Grand Rounds, UPMC, Pittsburgh, Pennsylvania	05/2015
"Hormones and Headache: Migraine in Women" Neurology Grand Rounds, UPMC, Pittsburgh, Pennsylvania	03/2014

POSTER PRESENTATIONS

Anna Pace, **Lauren R. Natbony**. "Occipital Neuralgia Secondary to Herpes Zoster Infection." American Headache Society Scientific Meeting. June 2018. San Francisco, California.

MEDIA RESOURCE EDUCATIONAL MATERIALS

American Headache Society

- Co-author of the "Patient Education Kit", an online resource for evidence-based Complementary and Integrative Therapies for Headache

Broadcast

Reroute Migraine Relief

- Educational initiative highlighting the under recognized brain-gut connection
- Syndicated to 25 television and radio stations nationally

Fox 5 News – *"FDA Approves New Drug to Treat Migraines"*

NBC Nightly News with Lester Holt – *"Breakthrough Migraine Drug Not Covered by Some Insurance"*

Fox News - *"New Migraine Drug"*

Good Morning America – *"Unlocking the Secrets of Migraine"*

The Doctors TV – *"Green Light for Migraine"*

Hellas FM Radio Show – *"Tension-type Headache, Migraine and Concussion"*

MD for Moms Radio – *"What a Headache"*

Online Video

Facebook Live Video – *"Managing Migraines During COVID-19"*

Self.com Video – *"A Doctor Answers the Internet's Most Asked Migraine Questions"*

Healthgrades.com Migraine Video Center – *"Wrapping My Head Around Migraine Prevention"*

Electronic and Print

Good Housekeeping

- *"Can Following a Special Diet help Prevent Migraines?"*
- *"8 Ways to Stop a Migraine Before it Starts"*

Capsule Cares – *"Dear Doctor: Lauren Natbony"*

Popsugar

- *"Your Guide to Headaches and How to Cure Them"*
- *"Can You Identify Your Headache? This Guide Will Help"*
- *"6 Neurologist-Approved Tips for Soothing Headache Pain"*

Real Simple – *"Frequent Headaches? It Could Be Your Hairstyle"*

Medscape – *"Trigeminal Nerve Stimulation May Head off Migraine With Vertigo"*

Time Magazine – *"A Year after Approval, Migraine Drugs are Changing Lives. But Insurance Battles are creating a Whole New Headache."*

Bustle – *"5 Ways to Use Food to Stave Off Migraine"*

Playboy Magazine – *"Is Sex the Cure or Cause of the Worst Migraines"*

Self Magazine

- *"8 Myths People with Migraines Wish You'd Stop Believing"*
- *"How to Tell if Your 'Caffeine Withdrawal' Headaches Are Actually Migraines"*

Muscle & Fitness – *"6 Little Known Headache Triggers That May Surprise You"*

Women's Health – *"4 Migraine Treatments that Might Actually Work"*

Health Magazine – *"What Exactly is Brain Freeze and How do I Make it Stop?"*

Health Day News – *"Many Migraine Patients Given Unnecessary Opioids"*

Martha Stewart Living – *"Headache Help: Causes and How to Get Rid of Them"*